

SIGNATURE INTENSIVE, WORKSHOP, MASTER CLASS OFFERINGS

For the Mixed Bag*

1. **Audition!:** *Adult, College, High School, Teen/Tween*

Learn the basics and “how to’s” for audition confidence and spontaneity - 5 Segments

TWO, 3, or 4 Day Intensive (2 to 3 Hours each day)

- or -

ONE Day Workshop (4 Hours)

This workshop can be modified to highlight **any one** of the three disciplines
- Dance, Acting, Singing - end with specifically tailored Segments 4 & 5.

1. **The Dance Call** - (for “actors who move”)
2. **The Monologue***
3. **The Song***
4. **Confidence in the Space**
5. **Mock Audition**

**For beginners or young Teens/Tweens: Monologue and/or Song segment can include or be replaced with a “how to” segment - choosing strong and appropriate pieces, categorizing, cutting, marking, working monologues*

2. **Physical Theatre:** *Adult, College and High School*

- For actors, singers, dancers

Inspired by the teachings of Tony Montenaro: an in-depth exploration of the essential and powerful relationship between emotion and physicality through Spontaneity and Invention - opening the performer to strong presentation in a “bigger than life” format

TWO Day Intensive (3 Hours each day)

- or -

ONE Day Condensed Workshop (4 Hours)

- Students push past their comfort zones through the art of “Eloquent Gesture”: *emphasis on believability and justifying the illusion*
-

Many **specified workshops also work well for a Mixed Bag of students and can be modified based on the group's technical proficiency and acting experience.*

For example:

- A. **Building Blocks of Broadway Dance** can be modified yet remain challenging for actors/singers wishing to learn and grow in their dancing and knowledge
- B. **Walking the Tightrope** helps dancers connect to their bodies without the pressure of technical "correctness" to help liberate their movements and open up the method of "Presence" in approaching their craft

If a particular workshop from the *following specified lists* interests you, please contact me and I can make it work for your studio/group/class needs!

For Actors

1. **Walking the Tight Rope:** *Adult, College, Mature High School. 3 Hours*

An exploration of values driven exercises inspired by Peter Brook's "The Tightrope" Using Opera and Shakespeare as springboards for story

- Actors are taken through intentional & specific exercises that build one upon the other

-
2. **Commedia del Arte Workshop:** *College and High School*

A challenging and hilarious immersion in the "Olde World" Craft

TWO Day Intensive (3 Hours each day)

- or -

ONE Day Condensed Workshop (4 Hours)

- Includes Stock Character work and slapstick including hits, falls, exits, entrances, runs, beats, etc.
-

3. **Truth Work - Connection & Choices:** *Adult, College, High School, Tween*

To open and liberate the actor's mind and body for strong bold choices within the given circumstances of a character

THREE Hour Workshop

TWO Hour Master Class (cutting one of the focus areas or elongating one specific focus)

Hour 1: Focus and Concentration

Getting Physical - Environmental Connection

Hour 2: Words, words, words!

Vocal Connection with tone, emphasis, intent, listening, responding

Hour 3: Putting it Together

Character Development - Physical and Verbal Choices

For Dancers

1. **Building Blocks of Broadway Dance:** *Intermediate to Advanced*

Inspired by Lee Theadore and Buzz Miller's American Dance Machine classes

2,3,4 Day Intensive (2 hours each day)

- or -

ONE Day Condensed Workshop (3 Hours)

- Includes the famed ADM Isolation Warm-Up
- Students learn sources of American Theatre Dance through Social Dance from 1910 to late 1970's

Master Class Options:

If you are looking for shorter class times **(90 minutes - 2 hours)**

See below:

Movement, Musical Theatre and Acting based classes can be tailor made for your specific class needs. The possibilities are endless!

MASTER CLASS DESCRIPTIONS

Single Focus Classes - 90 Minutes

- **Acting the Song**

Through application of monologue breakdown and segment work students learn to connect emotionally and physically to their song lyrics

- **Acting the Dance** - a great class for non-dancers who struggle with sequence or fear of step execution that may hinder their expression and interpretation

From a template of simple pedestrian movement graduating to specific choreography, students are given improv cues to create different moods and tell a story.

- **MT Style/Genre Focus**

Pick your poison! A specialized focus class on specific choreographers, styles, genres, techniques from Golden Age to Contemporary

For Actors & Singers - Acting Focus - 2 hours

Modified for group levels

1. Monologue Master Class: *Adult, College, High School*

The full process, bringing clarity for each actor's individual application of the work.

Hour 1: Monologues: Beginnings and Basics

1. The Text: First Things First
2. Character Analysis - the "head work"
3. Practice with a new piece

Hour 2: Coaching - Working prepared pieces

2. Basic Scene Study Master Class: *Adult, College, High School*

Hour 1: Scene Breakdowns: Beginnings and Basics

1. The Text: First Things First
2. Character Analysis - the "head work"
3. Line Justification Drills - Trial and Trial: Making choices and committing for truth

Hour 2: Scene Work: Presentation and coaching of Scenes

For Actors & Singers - Movement/Dance based - 90 minutes to 2 hours
Modified for group levels

- **The Broadway Dancers' Warm-Up:** *Adult, College and High School*

For actors, singers, dancers

A nice intro to the musical theatre world. Combined styles of Ballet, Jazz, ADM Isolation work, and across-the-floor combos to warm up and invigorate the whole body/mind/spirit

- **“Yolates”:** *Open Levels* for actors, singers, dancers

Conditioning for the Performing Artist

Gentle yet thorough strength, stretch, toning class combining Yoga postures, flow-through movements, and Pilates floor work including breathing, relaxation, and focus exercises

- **Dance for Singers/Actors:** *Beginners*

Using Ballet and Jazz technique, this class is paced in a way to strengthen both the physical facility and confidence of singers and actors wishing to improve their dance skills. To navigate with confidence, students learn the “Culture of the Dance Class”: order of exercises, changing lines, across the floor spacing and etiquette. Class combines history, vocabulary, awareness of musical/emotional connection and rhythm, weight shifting and balance, and sequence memorization.