

## SIGNATURE Dance INTENSIVE DESCRIPTIONS

**Intensives are 2 to 4 days in length and from 2.5 to 4 hours per day**

### 1. **Building Blocks of Broadway Dance:** *Intermediate/Advanced*

*Choice of 2, 3, or 4 Day Intensive (2.5 Hours each)*

*Inspired by Lee Theadore and Buzz Miller's American Dance Machine*

*A thorough Deep Dive into American Theatre Dance*

- Daily dancing begins with the famed ADM Isolation Warm-Up
- Each class day/segment focuses on a different decade, learning about Musicals produced, and drills/combinations using elements of each period's social dance

### 2. **Physical Theatre Intensive** *Professional, Adult, College, Jr. & Sr. High School*

*2 Days (4 Hours each incl. Collage rehearsal and presentation on Day 2)*

*Inspired by the teachings of Tony Montenaro - An in-depth exploration of the essential and powerful relationship between emotion and physicality through Spontaneity and Invention - opening the performer to better present life in a "bigger than life" format*

- Students push past their comfort zones through the art of "Eloquent Gesture": emphasis on believability and justifying the illusion

### 3. **Acting for Dancers:** *Intermediate/Advanced - Ballet*

*2 - 3 Day Intensive (2.5 Hours each)*

*What is the difference between a good dancer and a great one? Connection of technique with one's heart and soul.*

*Learn the basics of character development/emotional empathy to deepen and broaden your interpretation and expression in your dancing.*

Solo, duet, trio, pas de deux, corps de ballet

## SIGNATURE Dance WORKSHOP DESCRIPTIONS

**Unless specified, Workshops are ONE DAY, 3 Hours in Length**

### 1. **Building Blocks of Broadway Dance:** *Intermediate/Advanced*

*One Day Condensed Workshop*

*Inspired by Lee Theadore and Buzz Miller's American Dance Machine*

- Class includes the famed ADM Isolation Warm-Up
- Students learn sources of American Theatre Dance inspired by Social Dance forms from the 1910s to late 1970's

### 2. **Physical Theatre Workshop:** *Adult, College, High School, Int/Adv Dancers*

*For actors, singers, dancers - Inspired by the teachings of Tony Montenaro **4 Hours***

*In the Performing Arts we present real life in a "bigger than life" format. This class is an in-depth exploration of the essential and powerful relationship between emotion and physicality through Spontaneity and Invention!*

- Students push past their comfort zones through the art of "Eloquent Gesture": emphasis on believability and justifying the illusion.

### 3. **Audition! Musical Theatre Workshop:** *Intermediate/Advanced; Teen/Tween*

*Learn the basics and "How to's" for audition confidence and spontaneity*

*Work includes:*

- Theatre Dance styles
- Techniques for quick mastery of audition combinations
- Mock Audition

### 4. **Pirouette:** *Intermediate/Advanced - **2 Hours***

*Students learn and practice mechanics and proper technique for strong & consistent turns*

- Includes Spotting Drills, Fouettés, Turn combinations

### 5. **Acting for Dancers:** *Intermediate/Advanced*

*A class to explore and open the dancer to emotional and relational connection in their dancing*

- Simplified Stanislavsky technique applying “Objective”, “Obstacle”, “Tactic” to simple dance combinations and scenarios - can include partnering

### 6. **Ballet Pantomime:** *Intermediate/Advanced - ages 10-12, 13-16, 17-20* - Large Class size is fine

*Similar to Acting for Dancers in approach however, we will learn and work through specific Scenes from ballets that require strong presence, physicality and emotion*

*Dancers will learn that Pantomime is the bridge between the dancer and the audience - helping to tell the story and create mood. It depicts “real life” for the “Bigger than Life” stage environment.*

Explorations include:

- A little history of the art form
- Work specific scenes from story ballets

## **MASTER CLASS DESCRIPTIONS - 90 minute - 2 hours**

### 1. **Building Blocks of Broadway Master Class - Intermediate/Advanced** *TWO Hours*

#### **Hour 1**

- Intro. to AMERICAN MT Dance
- American Social Dance Choreography

#### **Hour 2**

- Choreographer Focus - Age/Skill appropriate

**2. Ballet:** *Open Classes for Ballet Dancers - Intermediate/Advanced*

- Technique
- Epaulement
- Pointe
- Variations of the classical repertoire - coaching for character and style

**3. Musical Theater Dance:** *All Levels*

*Students learn stylized combinations consisting of current and Classical Broadway repertoire (Fosse, Bennett, Robbins, DeMille, Kidd, White, etc.)*

- Emphasis is placed on technique, style, character, history, story, and sometimes vocalization

**4. The Broadway Dancers' Warm-Up:** *Adult, College & High School - All Levels*

*For actors, singers, dancers*

*A freeing, fun, fabulous touch-point class! Combined styles of Ballet, Jazz, Ab work and Across-the-floor combos to warm up and invigorate the whole body/mind/spirit*

**5. "Yolates":** *Open Levels for actors, singers, dancers*

*Gentle yet thorough strength, stretch, toning class combining Yoga postures, flow-through movements, and Pilates floor work including breath work, relaxation and focus exercises*