

Signature WORKSHOP, INTENSIVE, & MASTER CLASS Offerings

Unless specified: WORKSHOPS are - ONE DAY, 3 Hours in length
INTENSIVES are - TWO to FOUR DAYS, 2 to 4 Hours each day

For Actors

1. **Truth Work - Connection & Choices:** *Adult, College, High School, Tween*

To open and liberate the actor's mind and body for strong bold choices within the given circumstances of a character

THREE Hour Workshop

TWO Hour Master Class (*cutting one of the focus areas or elongating one specific focus*)

Hour 1: Focus and Concentration

Getting Physical - Environmental Connection

Hour 2: Words, words, words!

Vocal Connection with tone, emphasis, intent, listening, responding

Hour 3: Putting it Together

Character Development - Physical and Verbal Choices

2. **Walking the Tight Rope Workshop:** *Adult, College, Mature High School*

*An exploration of values driven exercises inspired by Peter Brook's "The Tighrope"
Using Opera and Shakespeare as springboards for story*

THREE Hour Workshop

3. **Commedia del Arte Workshop:** *College and High School*

A challenging and hilarious immersion in the "Olde World" Craft

THREE Day Intensive (2.5 - 3 Hours each)

- or -

TWO Day Intensive (3 Hours each)

- or -

ONE Day Condensed Workshop (4 Hours)

4. **Physical Theatre Exploration** *Adult, College and High School*

Inspired by the teachings of Tony Montenaro: an in-depth exploration of the essential and powerful relationship between emotion and physicality through Spontaneity and Invention - opening the performer to strong presentation in a “bigger than life” format

TWO Day Intensive (3 Hours each)

- or -

ONE Day Condensed Workshop (4 Hours)

- Students push past their comfort zones through the art of “Eloquent Gesture”: *emphasis on believability and justifying the illusion*

5. **Audition!:** *Adult, College, High School, Teen/Tween*

Learn the basics and “how to’s” for audition confidence and spontaneity - 5 Segments

1. The Dance Call - (for “actors who move”)
2. The Monologue
3. The Song
4. Confidence in the Space
5. Mock Audition

6. **“FULL MONTY” Actors’ Plunge Intensive:** *Adult, College, High School*

Crafted for each class or group

Luxuriate in 3 main focus aspects of the Craft:

1. *Movement*
2. *Voice & Diction*
3. *Physical/Emotional Connection*

THREE to FOUR Days (3 to 4 Hours per)

Focus Classes include daily deep dives into diverse technique/methods of each genre

Looking for shorter Master Class options? Keep scrolling!

MASTER CLASS offerings - 90 minute - 2 hours

For Actors

1. Monologue Master Class: *Adult, College, High School*

This Master Class reveals the full process, bringing clarity for each actor's individual application of the work.

Hour 1: Monologues: Beginnings and Basics:

1. The Text: First Things First
2. Character Analysis - the "head work"
3. Practice with a new piece

Hour 2: Coaching - Working prepared pieces

2. Basic Scene Study Master Class

Hour 1: Scene Breakdowns: Beginnings and Basics:

1. The Text: First Things First
2. Character Analysis - the "head work"
3. Line Justification Drills - Trial and Trial: Making choices and committing for truth

Hour 2: Scene Work: Work in the space

Presentation and coaching of Scenes

Movement/Dance based - Modified for group levels

3. The Broadway Dancer's Warm-Up *For actors, singers, dancers*

A freeing, fun, fabulous way to grow as a new or seasoned performer! Combined styles of Ballet, Jazz, ab work and across-the-floor combos to free and invigorate the actor's body/mind/spirit.

4. “Yolates”: *Open Levels for actors, singers, dancers*

Conditioning for the Performing Artist

Gentle yet thorough strength, stretch, toning class combining Yoga postures, flow-through movements, and Pilates floor work including breathing, relaxation, and focus exercises

5. Dance for Singers/Actors: *Beginners*

Using Ballet and Jazz technique, this class is paced in a way to strengthen both the physical facility and confidence of singers and actors wishing to improve their dance skills. To navigate with confidence, students learn the “Culture of the Dance Class”: order of exercises, changing lines, across the floor spacing and etiquette. Class combines history, vocabulary, awareness of musical/emotional connection and rhythm, weight shifting and balance, and sequence memorization.